## Men's Day 2022

For the first time in the history of SPCE, International Men's Day was celebrated with valour on the 21st of November, in seminar room 119 from 4 pm to 5:30 pm. The chosen theme for this year was 'Men's Mental Health Matters' and the event consisted of one major competition and two minor competitions. Skin Elements, a renowned men's grooming and wellness brand, sponsored the Men's Day celebration with their popular grooming products.

The major competition was Short Film-making, wherein teams participated to make short films of length 10-15 minutes based on the issues surrounding men's mental health. This was the flagship competition of the event and a huge crowd gathered to watch the short films and cheer on their favourite teams. It was followed by a poetry competition, wherein individuals from the second, third and final year crafted their heart and soul into raw poetry, based on the theme of the day. Finally, there were lively Sports Open Fire Rounds, where individuals had to answer, as quickly as possible, questions related to football, basketball and cricket.

The celebration concluded with announcement of the winners of the competitions and their prizes were distributed.

